

PRIMARY SCHOOL CHECKLIST

Looking after myself:

- o I can dress and undress myself
- o I get myself ready for school
- o I tie my shoelaces
- o I use a knife, fork and spoon

My handwriting:

- o I hold and control my pencil easily
- o I use one hand for writing
- o I correctly form letters
- o My writing is legible
- o I write as fast as my classmates
- o I can finish tasks
- o I write without experience pain in my hand or getting tired

My fine motor skills:

- o I can move items within my hand with ease (i.e. keys)
- o I can play with small objects and toys
- o I can do craft activities
- o I can use scissors

Class work:

- o My written ideas are similar to my verbal ideas
- o I can write according to text types and appropriately structure my work
- o I can organise my ideas on a writing page
- o I have the same understanding of spelling rules as my class mates
- o I can read at a similar level to my peers

My gross motor skills:

- o I can run, jump & hop
- o I can throw & catch a small ball
- o I can balance on one foot for 10-20 seconds
- o I can ride a bicycle

Attention and organisation:

- o I can organise my belongings
- o I remember to take home notes and homework
- o I can sit and complete my homework
- o I can cope in a noisy classroom without getting overly distracted

