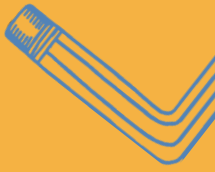


5 YEARS CHECKLIST



What do I know?

- I know the names of all the colours
- I can name shapes
- I can count past 20
- I know the letters in my name
- I know some of the letter sounds



Do I like to play outside?

- I can balance on one foot for 5 seconds
- I can run and jump with ease
- I can throw and catch a tennis ball
- I play on playground equipment
- I can do star jumps

Can I look after myself?

- I dress and undress myself
- I am able to do up and undo buttons
- I can zip and unzip
- I use a knife, fork and spoon when eating a meal
- I can open and close containers
- I am toilet trained during the day and mostly during the night

Do I like to play inside?

- I complete jigsaws and basic puzzles
- I play with a variety of toys
- I can cut a simple shape and along a curved line
- I like to play with small toys like Lego and beads
- I can use glue to paste paper

Can I sit at a table and enjoy pen and paper activities?

- I hold my pencil in a tripod grasp (thumb and two fingers)
- I use one hand for writing and drawing
- I can copy shapes and capital letters
 - I copy my name
- I can draw a person with lots of body parts
 - I colour mostly inside the lines

