

4 YEARS CHECKLIST

Do I like to play outside?

- I can balance on one foot for 2 seconds
- I can run and jump
- I swing by myself
- I can throw and catch a tennis ball
- I can stand on tip toes



What do I do in playtime?

- I can trace shapes
- I can draw a person
- I usually use one hand for drawing
 - I colour in pictures
- I play games with other children
 - I like pretend play

Am I starting to look after myself?

- I wash and dry my own hands
- I brush my teeth
- I dress and undress myself
- I put my shoes on and take them off
- I can wash myself in the bath
- I am toilet trained during the day
- I stay calm most of the day

What I know?

- I know the names of most colours
- I can name shapes
- I can recognise numbers
- I can tell you how old I am and what my name is
- I can count to 10
- I can remember instructions and shopping lists with four objects

